

# Understanding Tachi Waza

## FOR JUDO & JUJUTSU

**BOB REA, USJA ROKUDAN, WITH 45 YEARS OF JUDO TRAINING AND EXPERIENCE, WILL BRING TO YOU THE PRINCIPLES OF THROWING IN A UNIQUE FORMAT TO HELP YOU INTERNALIZE THE FUNDAMENTALS OF TACHI WAZA!**

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The Friendswood and Clear Lake City Judo Clubs are pleased to sponsor Sensei Bob Rea for a tachi-waza (throwing technique) seminar. This is a “must attend” event if you are serious about improving your understanding of throwing principles and improving your throwing skills.

This seminar will present the basic principles of throwing, off balance, entry and execution, using a “guided discovery” method that will help beginners and experienced players actualize the art of throwing techniques. End the frustration of trial and error and let Sensei Rea show you tachi-waza principles that when practiced correctly will greatly improve your skills.

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**WHO:** Sensei Bob Rea, 6<sup>th</sup> Dan, USJA

**WHAT:** Tachi-waza Seminar (USJA Sanction #09019)

**WHERE:** Clear Lake City Judo Club  
1611 Dakota St.  
League City, TX 77573

**WHEN:** Saturday, March 28<sup>th</sup>, 2009 - 9 am to 12 pm, 1 pm to 3 pm, 3:30 pm to 6 pm

**COST:** \$30.00 (if pre-registered by March 20<sup>th</sup>).

\$50.00 (on or after March 21<sup>st</sup>)

\$10 per person discount for 3 or more members of the same family or dojo (Only if pre-registered). No discounts for late or walk up registrations.

### MAIL APPLICATION & MAKE CHECK PAYABLE TO:

Raymond Williams  
10904 Scarsdale Blvd., #350-311  
Houston, TX 77089

### FOR MORE INFORMATION CONTACT:

Raymond Williams  
(713) 248-0089  
[rawilliams@sbcglobal.net](mailto:rawilliams@sbcglobal.net)

Richard Porro  
(281) 744-1444  
[rporrojr@comcast.net](mailto:rporrojr@comcast.net)

**\*Minimum age: 12 years\***

## APPLICATION INFORMATION

**\*Minimum age: 12 years\***

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ AGE \_\_\_\_\_  
HOME ADDRESS: \_\_\_\_\_ CITY/STATE/ZIP: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_ E-MAIL: \_\_\_\_\_  
CLUB: \_\_\_\_\_ RANK: \_\_\_\_\_  
COACH: \_\_\_\_\_ USJI/USJA/USJF CARD NO.: \_\_\_\_\_ EXPIRES: \_\_\_\_\_  
AMOUNT PAID: \_\_\_\_\_

### **Warning! Waiver and Release of Liability and Agreement to Participate**

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic and related events and activities of the Friendswood Judo Club, United States Judo Association, Inc., and United States Judo, Inc., I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participation I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor and/or tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in a serious injury, including permanent disability or death, and severe social and economic losses due to no only my own action, inactions or negligence of others, the rules of the sport of Judo, or the conditions of the premises or any equipment used. Furthermore, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Know the risks involved in the sport of Judo, I assume that risk and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waiver and discharge and covenant not to sue Mr. Robert Rea, Mr. Richard Porro, Mr. Raymond Williams, the city of Friendswood, Friendswood Judo Club, United States Judo Association, Inc., and United States Judo, Inc., their affiliated clubs, their respective administrators, directors, agents, coaches and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors' advertisers, and if applicable, owners, lessors, and lessees of the premises used to conduct the event, all of them are hereinafter referred to as "releases", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part of the negligence of the releases or otherwise, to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND THE CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Please **print** name)

### FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER 18 AT TIME OF REGISTRATION)

This is to certify, I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees from and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence to the fullest extent permitted by law. I have instructed the minor participants as to the above warnings and conditions and their ramifications.

Parent/Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Please **print** name)